



Rotary
Club of Bombay Powai
District 3141



POWAI TARANG APRIL 2025

*Environment Month
Sanskriti Theme - RAMNAVAMI*



Cover: Aquatic Delight by Dr. Kamalini Pathak



PRESIDENT *Speaks*



Rtn. Dr. Susan Tripathi
Club President

Dear RCBP Family,

In Rotary, the theme for **April** month is "**Environment**", one of the seven areas of focus in Rotary.

Rotary clubs worldwide contribute to many projects in preserving the environment. Clubs support activities that promote environmental conservation, protect natural resources, and advance ecological sustainability. It complements Rotary's other areas of focus, which includes Disease Prevention, Water/Sanitation/Hygiene, Maternal and Child Health, Basic Education, Peacebuilding and Community Economic.

The Theme of **Sanskriti** this month is **Ramnavami**. Ramnavami is a Hindu festival that celebrates the birth of Lord Rama, also known as the seventh avatar of Lord Vishnu. He is remembered for being an ideal king and human through his righteousness, good conduct and virtue. He loved his family and the people living in his kingdom very much. One could relate this bonding to the on-going Rotary fellowship amongst Rotarians worldwide with the motto of "Service Above Self" to serve the underprivileged.



PRESIDENT *Speaks*

In March-25, we completed 29 projects, fellowship events, meetings... Club Assembly of the Pre-OCV, Club meet with Rtn. Vithal as a speaker, BoD and Trustee meet + a grand and successful OCV meet.

We completed inaugurations at Powai Marathi Madhyamik Shala (CSR of Degwekar Foundation); Rishi Valmiki Eco School, Manori (CSR of EPS); 3 ZP Schools in Deherje & Rambaug Police station toilets (RCB Trust funds). We also completed review of the net metering in 3 ZP schools at Murbad. We completed 8 Annapurna services in Mar-25 and an additional 3 Annapurna services sponsored by our members.

We've successfully done many projects, programs and events with the enthusiastic support of our members and spouses and we've together kept our RCBP flag flying high. My gratitude to all our member families.

I look forward to your involvement, contributions & motivation as always.

Yours In Service,
Rtn. Dr. Susan Tripathi
Club President



MESSAGE FROM DISTRICT GOVERNOR RID 3141

Dear Vibrant Rotarians,

With the resounding success of Samanvay DisCon 2025 behind us, we now enter the final stretch of this super vibrant year. The energy, passion, and camaraderie we witnessed at Jio World Convention Center on 1st & 2nd March reaffirmed that RID 3141 is truly unstoppable!

Samanvay was not just an event—it was a celebration of our collective achievements, a platform for inspiration, and a launchpad for a grand finale. From engaging panel discussions to impactful recognitions, from thought leaders to celebrity speakers, the conference showcased the best of Rotary.

But friends, the journey isn't over yet!

This last leg is where champions are made, where the final push creates a legacy, and where we turn this vibrant year into an unforgettable one. Let's give it our all!

The Last Lap - Let's Make It Legendary!

Like a relay race, the last leg is where we must give our best sprint.



Rtn. Chetan Desai
District Governor
RID 3141



MESSAGE FROM DISTRICT GOVERNOR RID 3141

Membership Excellence - Let's break all records and set RID 3141 as a benchmark for growth.

TRF Contributions - Every dollar raised is a life changed—let's finish strong!

Project Execution - From Vibrant Anganwadis to Pediatric Heart Surgeries, let's accelerate impact.

Rotary Visibility - The world must know that Rotary is Irresistible!

With just a few months left, let's push our limits, ignite our passion, and finish with a roar!

Rotary District 3141 has not just created magic—we have built a legacy! Now, let's ride the final waves with unwavering spirit and make history! Together we can, together we will—let's finish the Vibrant Year with unmatched brilliance.

Yours in Rotary,
Rtn. Chetan Desai
District Governor
Rotary District 3141 (2024-25)

"Together we can, Together we will."



MESSAGE FROM RI PRESIDENT



Rtn. Stephanie A. Urchick
RI President 2024-25

April 2025

As the chill of winter gives way to the warmth of spring, we have an opportunity to rejuvenate our commitments to each other and to the communities we serve.

A shining example is the Rotary Club of Windsor-Roseland in Ontario, whose members support a program providing hot meals to people facing homelessness and food insecurity. On any given evening, the Soup Shack run by Feed Windsor-Essex serves up to 130 people, offering nourishment and a sense of community and care.

Club member and Past District Governor Aruna Koushik got the club involved after seeing a news segment about the Soup Shack.

Koushik collaborated with club members to quickly approve the purchase of a stove, pots, and pans for its new permanent space. Soon after, club members met with the Soup Shack team, toured the new location, and presented a check for 3,000 Canadian dollars (about US\$2,000) to support its efforts. They also committed to volunteering their time to prepare and serve meals once the facility is operational.

This exemplifies how Rotary members can come together to address community needs, foster engagement, and make a tangible impact. By identifying opportunities for service and mobilizing resources, we not only support those in need but also strengthen our bonds with each other and with the communities we serve.



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MESSAGE FROM RI PRESIDENT contd/-

As we embrace the renewal that spring offers, let's take inspiration from the Windsor-Roseland club. Consider these ways to reinvigorate engagement within your club:

Identify emerging needs: Stay attuned to the evolving challenges in your communities. Engage with local organizations to understand where your club's support can make the most difference.

Mobilize resources quickly: When opportunities arise, act swiftly. Leverage the skills and networks within your club to gather resources, from financial contributions to equipment to volunteer time.

Foster collaboration: Encourage members to take initiative and collaborate on projects. Empowering individuals to lead and contribute their unique talents enhances engagement and drives success.

Commit to ongoing involvement: Beyond initial contributions, pledge continued support.

Regular service keeps members connected and reinforces the club's commitment to sustained impact.

By embracing these approaches, we can harness the energy of spring to renew our dedication to service and engagement. Let's seize this season as an opportunity to revitalize our efforts, strengthen our connections, and continue making a positive difference in the world.

This is The Magic of Rotary — transforming lives, inspiring hope, and creating lasting change for the communities we serve.



RI SPECIAL OBSERVANCE THEME-Environment Month – By Rtn Kishore Degwekar

The Importance of Environmental Conservation and Rotary's Role in Protection Efforts

Environmental conservation is critical for sustaining life on Earth. It preserves biodiversity, maintains ecosystem balance, and ensures resources like clean air, water, and soil for future generations. With climate change accelerating—global temperatures have risen 1.1°C since pre-industrial levels—and deforestation, pollution, and species extinction escalating, the need to act is urgent. Conservation mitigates these threats by protecting habitats, reducing carbon footprints, and promoting sustainable practices. It's not just about survival; it's about quality of life, economic stability, and ethical responsibility to the planet. The Rotary community, a global network of 1.4 million members across 46,000 clubs, plays a pivotal role in this mission.





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RI SPECIAL OBSERVANCE THEME-Environment Month – By Rtn Kishore Degwekar

Through its focus on service, Rotary has embraced environmental protection as a key area of impact. Local clubs worldwide initiate projects tailored to their regions' needs, amplifying grassroots efforts. For instance, Rotary members have planted millions of trees—over 3 million in India alone since 2019—combating deforestation and sequestering carbon. In coastal areas, clubs organize cleanups, removing tons of plastic waste from beaches and waterways, directly tackling pollution.

Rotary's strength lies in its ability to mobilize resources and partnerships. Collaborating with organizations like the United Nations Environment Programme, Rotary funds sustainable development projects, such as installing solar panels in rural communities or building rainwater harvesting systems. These efforts reduce reliance on fossil fuels and secure water supplies, addressing both climate and resource challenges.





RI SPECIAL OBSERVANCE THEME–Environment Month – By Rtn Kishore Degwekar

Additionally, Rotary educates communities, raising awareness about recycling, conservation, and eco-friendly practices, fostering a culture of stewardship. By aligning with global goals like the Paris Agreement, Rotary bridges local action with planetary impact.

Its members—business leaders, volunteers, and advocates—bring diverse skills to the table, making conservation practical and scalable. In a world facing ecological tipping points, Rotary's commitment offers hope, proving that collective action can safeguard our environment for generations to come.





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FROM OUR CSR PARTNER – Bahar Infocom – Cash Crops Plantation

Empowering Farmers in Palghar: A Beacon of Hope and Financial Independence

It is said that “you give a person a fish and you’ve helped him for the day, you train the person to catch fish and you’ve helped him for a lifetime” We visited Utavali village, Vikramgad, Palghar on 8th Jan, 2025 to complete the project of planting 8000 Mogra saplings in the fields of 12 farmers.



This mega task could be achieved with the CSR Support of Bahar Infocom who had provided CSR Funds of Rs.2.00 Lakhs for Cash Crop plantation and our Implementation Partner Global Vikas Trust (GVT) founded by Mr. Mayank Gandhi. This project was led by IPP Dr. Kamalini Pathak in the Vibrant Year.



FROM OUR CSR PARTNER – Bahar Infocom – Cash Crops Plantation

All the farmers were very happy and are looking forward to cultivate the saplings in the coming 6 - 8 months, after which it would produce fragrant Mogras (Jasmine). GVT had helped the farmers with best of saplings at very low cost, they trained them on various fronts and then also in future would help them in selling their produce. This network has worked wonders for all the farmers located in the Jawahar, Wada, Palghar belt and have helped them to self sustain with produce in their fields. It was heartening to see young members of the Global Vikas Trust who have a degree in Agriculture farming and are proud to be in this field.





SANSKRITI- Ram Navami By Kamalini Pathak

Ram Navami is celebrated to commemorate the birth of Lord Rama, the seventh avatar of Lord Vishnu, and to celebrate the victory of good over evil. It marks the ninth day of Chaitra Navaratri, a nine-day festival dedicated to Goddess Durga. Devotees observe the day with prayers, fasting, and offerings, and they often visit temples or recite the Ramayana to honor of Lord Rama's virtues.

The Story Behind Ram Navami: According to Hindu mythology, the story of Ram Navami comes from the ancient epic Ramayana:

- King Dasharatha of Ayodhya, despite being a noble and powerful king, was childless for a long time. He had three wives Kaushalya, Kaikeyi, and Sumitra but no heir to the throne.
- To seek a child, Dasharatha performed a sacred ritual called Putrakameshti Yajna. At the end of the yajna, the gods gave him a divine potion (kheer) to be distributed among his wives.
- Kaushalya gave birth to Rama, Kaikeyi to Bharata, and Sumitra to Lakshmana and Shatrughna.
- Rama, born to Queen Kaushalya, is considered an incarnation of Vishnu sent to Earth to destroy evil forces, particularly the demon king Ravana of Lanka.

Ram Navami not only celebrates Rama's birth but also symbolizes the victory of good over evil, dharma over adharma (righteousness over unrighteousness), and the ideal qualities of a son, king, and human being. Ram Navami marks the appearance of Lord Rama in both human and Divine forms, celebrated with profound reverence and festivities across India, particularly in the sacred city of Ayodhya, Uttar Pradesh, which is the birth place of Lord Ram.



SANSKRITI- Ram Navami





SANSKRITI- Recipes to beat the heat By Rajni Khanna

Recipe for Malai Kulfi.

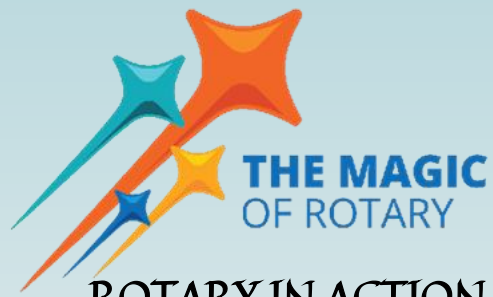
Ingredients :

1. One liter of whole milk
2. Two tsb of corn flower.
3. 100 gms Sugar
4. 1 cup Milk Powder
5. 200 gms Amul Cream
6. 1 Table spoon of Kewda water
7. 1 tsb of Illaichi powder

Method : Boil the milk, slow the gas for 15 - 20 minutes. Add sugar and continue to boil milk till sugar dissolves in it. Now mix corn flower and milk powder in small quantity of cold milk. Add this mixture to boiling milk. Once the milk becomes thick then boil it for another 5 minutes. Put off the gas. Add Illaichi and Kewda water and 15 - 20 crushed Almonds. Let the mixture cool. Occasionally stir the mixture. Pour the mixture in 12 moulds and put these in freezer for about 12 hours. Kulfi is now ready to eat and enjoy.

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ROTARY IN ACTION- Cataract Surgeries

In the 100 medical camps undertaken in the Vibrant year, beneficiaries were also checked for Vision, Cataract, Refraction, Squint, Itching, Burning in eyes, Headache, Perigium and colour blindness. Further, those who were detected having cataract (curable blindness) were scheduled to meet doctors at Nirali hospital and were lined up for the entire procedure, right from blood tests, to admission, to cataract surgery to post surgery care was done for 360 beneficiaries. This was done by the CSR Support of L & T Realty and LTPCT. The implementation partner was Status Optics. These medical camps and surgeries were managed by J. V. Gokul and RCB Powai teams.





ROTARY IN ACTION- Annapoorna Services

Nine Annapoorna services were held during the month of March - 2 at SEED Foundation and one each at Asha NGO, Sneha Sadan, and Ekta Mahila Samiti, benefitting 450 children and at Little Sisters of the Poor, Rathod Home, Saidham Home and Nityanand Home benefitting 150 seniors.





ROTARY IN ACTION- DISCON Samanvay

21 of the RCBP members attended Discon for two days, 1st March, 2025. Thousands of Rotarians from Rotary District 3141 & 3142 buzzing in the hall. It began with the Vibrant Presidents March... Lots of high energy performances.





ROTARY IN ACTION- Inauguration of School Infra & Toilet Block Renovation project

RCBP completed the inauguration of school Infra & Toilet Block renovation project on 6th March 25 at Powai Marathi Madhyamik Shala, next to Powai English High School in IIT Market. The Chief Guest of this ceremony was DGND & Governor's Principal Aide, Rtn. Deepak Jiandani and Guest of Honour was Rtn. Kishore Degwekar who graced the occasion with Dr. Varsha.

The ceremony began with the ribbon cutting and members were welcomed with the traditional tilak, later the lighting of the ceremonial lamp by all dignitaries. Principal Shivani welcomed all and everyone addressed the gathering with their small speeches beginning with Club President, Rtn. Dr. Susan Tripathi, followed by Project Director, Rtn. Vivek Govilkar, next was Rtn. Deepak Jiandani and then came in Rtn. Kishore Degwekar... Everyone motivated the students to do well, esp the 10th std students, keep their school surroundings clean, be active and not lazy, not to procrastinate, but to do every work instantly etc. After the event we also inaugurated the toilet blocks.





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ROTARY IN ACTION- Felicitating Women Achievers at ASHA NGO centre

Ms. Nidhi Sarna, Founder of Alpha Sonic Phonic program organized an event on Women's Day at ASHA NGO centre, IIT, Powai to felicitate few women achievers. Rtn. Vidya Mani Mamallan, Co-Founder & President (HR) of Electronic Payment and Services Private Limited and Rtn. Dr. Susan Tripathi, President - RCBP and Director & Creative Head of Hashtasy Digital were recognized and felicitated at this event for leading in resp. organizations and impacting the community through our outreach programs. Both Vidya and Dr. Susan were invited to address the gathering. Founder of ASHA Dr. Smita Puniyani too was recognized & felicitated for the selfless work she has done for years coaching the slum children to confidently move upwards and complete their education. There were few more achievers who were recognized at this event, women who have made a difference to their families & the society. The facilitators of Alpha Sonic Phonics present performed welcome dance and few other dances as well.





ROTARY IN ACTION- Haldi Kumkum ceremony by Ekta Mahila Samitee

A Haldi Kumkum ceremony was organized by Ms. Aarti Bagul, Founder of Ekta Mahila Samitee for 500 ladies (members) of Vikhroli Parksit on Mon, 10th Mar, 25 at 6.00 pm. This ceremony was organized to recognize the women of the community who work very hard for their family. Many of them are working in our homes as house maids and it is owing to their presence in our lives that we are comfortable and can focus on our work. Many dances were performed and the highlight was the lati-kati dance. This gave a message to the community that the current day women can defend herself and has the courage to face any adversities that come her way. We addressed the gathering, post which Meenakshi briefed them about "Financial Independence and how it will empower them". The women present received it very well and participated in the Q & A. Pres. Rtn. Dr. Susan Tripathi thanked all our members donors to make the Haldi Kumkum event a reality.





ROTARY IN ACTION- Club Charter Day on March 11

Grand Celebration of RCBPs 34th Charter Day

RCBP members had a grand get together to celebrate its 34th Charter Day. It was an event where there was tremendous interaction between new & old members and... families while going back home seemed very cheerful & content. At least one thing our game host Jude achieved was to make all families come on the floor and groove to the music. It was a great combo of Yoga, Zumba & DJ 😊 Pres. Rtn. Dr. Susan gave a zillion thanks to all members for coming in big numbers for our Charter Night on a working Tuesday evening, it showed that Charter Night was a big glue that binds all. We were 91 member families and 4 kids who attended the event. All the Past Presidents present were recognized for their contributions in making the Club grown stronger with every passing year.





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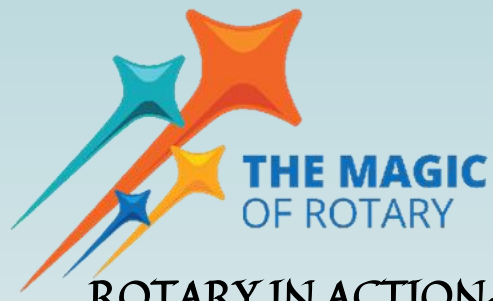
ROTARY IN ACTION- Free Financial Literacy Camp

A FREE Financial Education Camp was organized for Domestic Workers and Service Staff of Blue Haven and Hill Crest. This was a very important program, which has improved their lives. The Helpers were given 1. Information on saving, banks and different bank products, insurance, pension 2. Assistance for opening bank account or reactivating the dormant ones 3. Information about the importance of KYC and assistance for doing KYC if needed 4. Assistance for getting Eshram card, ABHA digital card 5. Assistance for widow pension and Mukhya Mantri Ladki Bahin Yojana applications Each person was given time of around 45 minutes in camp. Around 100 people were covered in this camp. We thank Rtn. Punit & Meenakshi Jain and Rtn. Sushmita Chandra for leading this camp in her society 📅 March 22nd 2025 📍 Blue Haven, Recreation Room Time: 10 AM - 4 PM



POWAI TARANG APRIL 2025

ROTARY CLUB OF BOMBAY POWAI



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ROTARY IN ACTION- Distribution of 125 emergency rechargeable bulbs

RCBP distributed rechargeable emergency bulbs to 40 tribals of this pada at ZP Hatne school and to 50 tribals in ZP Goanpada schools. 35 additional rechargeable emergency bulbs were given to the tribals who had come to Capt. Anil & Radha Nairs residence. They were gracious hosts and made sure that we have a proper lunch before starting from Deherje back to Powai. We applauded them for the good work of uplifting the children & tribals of Dheherje village and thanked them for the sumptuous lunch. We are committed to collaborate and work with them for years to come





ROTARY IN ACTION- Inauguration of Toilet Blocks – Rambaug Police Stn

Rotary Powai and Rotary Lakers contribute to infrastructure improvement at Powai Police Station Inaugrated by Chief Guest Hon MLA Dilip Mama Lande along with Guest of Honour, Rotary District Governor Rtn Chetan Desai. Rotary Club of Bombay Powai under the leadership of their Club President Rtn. Dr Susan Tripathi and Rotary Club of Mumbai Lakers led by their Club President Rtn. Palavi Agarwal, took up a joint project of improving Toilet Infra in Powai Police Station for all the staff, including for women staff, on different floors and for visitors. Thus we chose to symbolically handover refurbished toilets to Powai Police Station staff in March itself. Rotary District 3141 Governor Rtn Chetan Desai said that he was very touched by the humility & commitment of Hon MLA Shri Dilip Mama Lande ji towards the citizens, and the focused work he is doing in improving the infrastructure in the constituency.





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ROTARY IN ACTION- Official Club Visit on March 29

The OCV of RCBP was held on Sat, 29th March, 25 at Rodas Banquet, Powai. It was truly a brilliant meet with our Vibrant District Governor Rtn. Chetan Desai, First Lady Jwala Desai and his 7 member Team of District Officers. The closed door meeting with DG was completed with ease. We witnessed firsthand the maturity of a responsible leader as he prodded us with queries and we showed him all the documentation evidences. He also shared with us some good practises, which if followed, could help clubs strengthen their processes further. He met representatives of 3 Interact schools and went through their presentations, and also complimented each of them on thier projects. We then moved on to the Club meet. In his address, DG complimented our club for doing great on all accounts and shared some thoughts & ideas on how increasing our current giving and bagging 1 - 2 CSR India grants.





Rotary
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Club Service	: Sanjay Thakur
Membership	: Sunita Sainani
Public Relations	: Hanuman Tripathi
TRF	: Amit Sheth
Global Grant	: R Vanamali
Fund Raise	: Nikhil Madgavkar
CSR	: Gayatri Mishra Oleti
Community Service Medical	: Bharati Shenvi
Community Service	: Savita Govilkar
Vocational Service	: Sumita Mishra
Youth Service	: Tejal Sheth
International Service	: Kishore Degwekar
Dist. Special Focus Areas	: Kalpana Jaishankar
Governance & Compliance	: Ashok Singh
Citation & Awards	: Vivek Govilkar

Club ID 27861

Charter date: 11/03/1991

Office Bearers

President 24-25	: Dr. Susan Tripathi
IPP	: Dr Kamalini Pathak
President Elect	: Anju Ahluwalia
Club Secretary	: Yogesh Gupta
Treasurer	: Latha Vanamali
Vice President	: Mani Mamallan
Sargent At Arms	: Ashok Nandy
Joint Secretary	: Krutee Ranpara
Club Trainer	: Ameeta Vohra

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Nalini Raghavan, Dipanwita Dutt, Anurag Chadha, Vivek Govilkar,
Krutee Ranpara, Mangesh Balkhande, Sushmita Chandra

Chairpersons

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Pulse Polio	: Neelesh Kankane
Women Empowerment	: Vidya Balkhande
Happy Schools	: Komal Sen
Powai Fest	: Amit Sheth
Medical Camps	: Punit Jain
Scholarships	: Adarsh Sakhuja
Toilet Blocks	: Sudha Ajit
RCC	: Vivek Bhide
Digital	: Zill Savla

Club Advisors

Harish Iyer, R Vanamali
Kishore Degwekar, Rakesh
Aggarwal, Shrikrishna Bhawe





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Rotary



April is Environment Month

"One of the first conditions of happiness is that the link between man and nature shall not be broken."
—Leo Tolstoy

